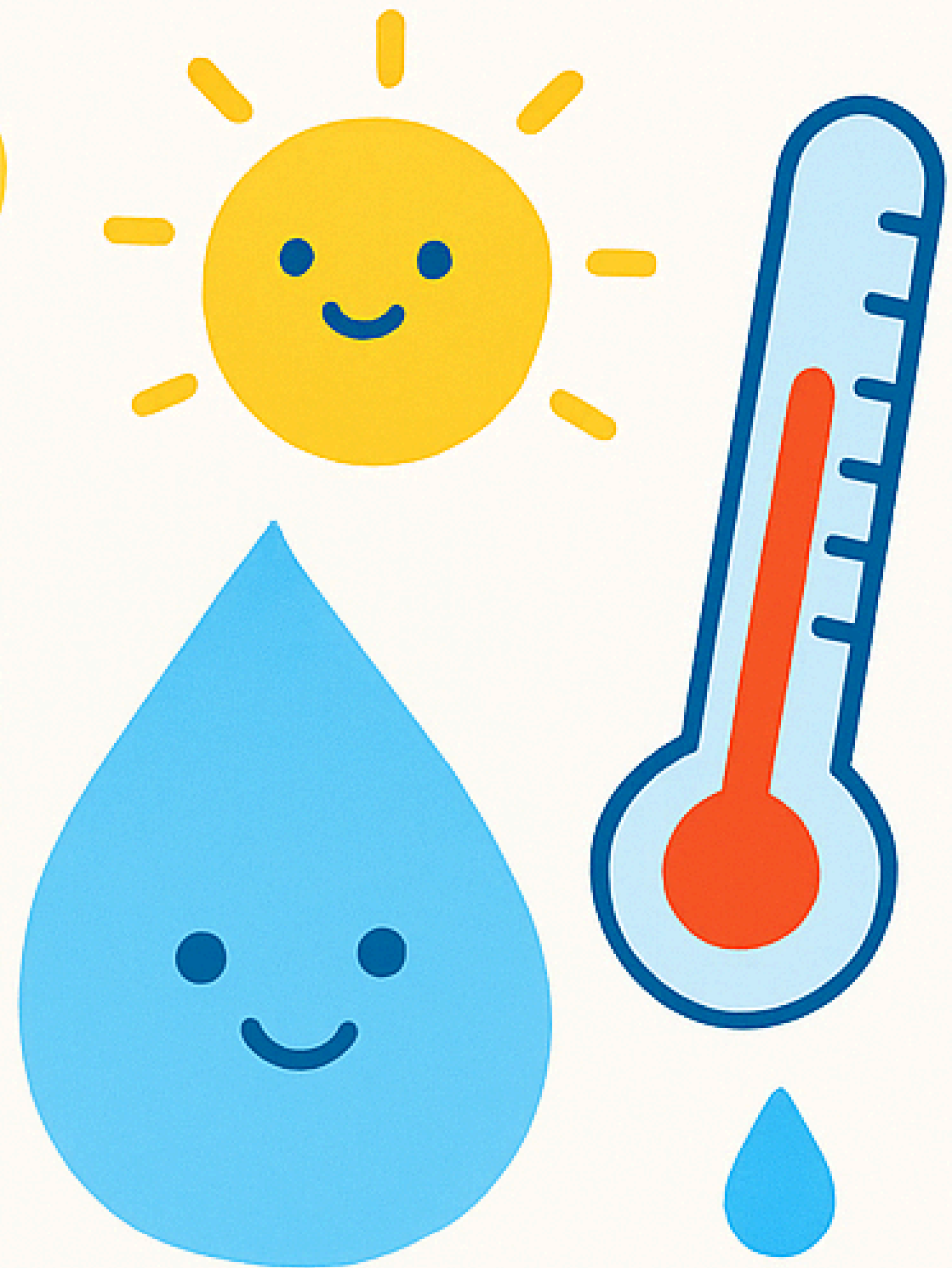


# A METEOROLOGIST EXPLAINS: DEW POINT

## What is dew point?

- The dew point is a temperature
- When the air cools to that temperature, it becomes fully saturated with moisture
- Think of it as a limit: if the dew point is higher, the air can hold more moisture!



## DEW POINT COMFORT SCALE

<10 °C dry, comfortable

11–15 °C slightly humid

16–20 °C getting sticky

21–24 °C pretty muggy

25+ °C hot and miserable

**Kelsey  
McEwen**  
Meteorologist

## Why it matters:

- When it's hot out, we cool down by a process called evaporative cooling. When you start sweating, the sweat evaporates off your skin.
- But - when the air is saturated, this can't happen!

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